Size
· Maximum poster size is 120 cm high and 90 cm wide.
· Materials must be easily read at a distance of 1.5 m.
· A poster printed on one large sheet is encouraged.
· Hand written posters are not accepted.

Layout
· Poster should have a logical organization. Most posters have sequential sections (e.g. Background, Aim, Methods, Results, Conclusion). Use regions of empty space between poster elements to differentiate and accentuate these elements.
· Data should be clear, concise and well-organized.
· Avoid everything that can make your poster look excessively busy, such as boxes around graphs and tables, and long sentences.
· Limit the number of different fonts, different sizes of fonts and different colours.

Title
· Aim for a short title.
· Size of the letters should be at least 96 point.
· State authors and affiliations below the title, in a smaller font.
· Include mailing and e-mail addresses, telephone and fax numbers at the bottom of the poster.
· Grant sources supporting the study may also be included below the title or at the bottom